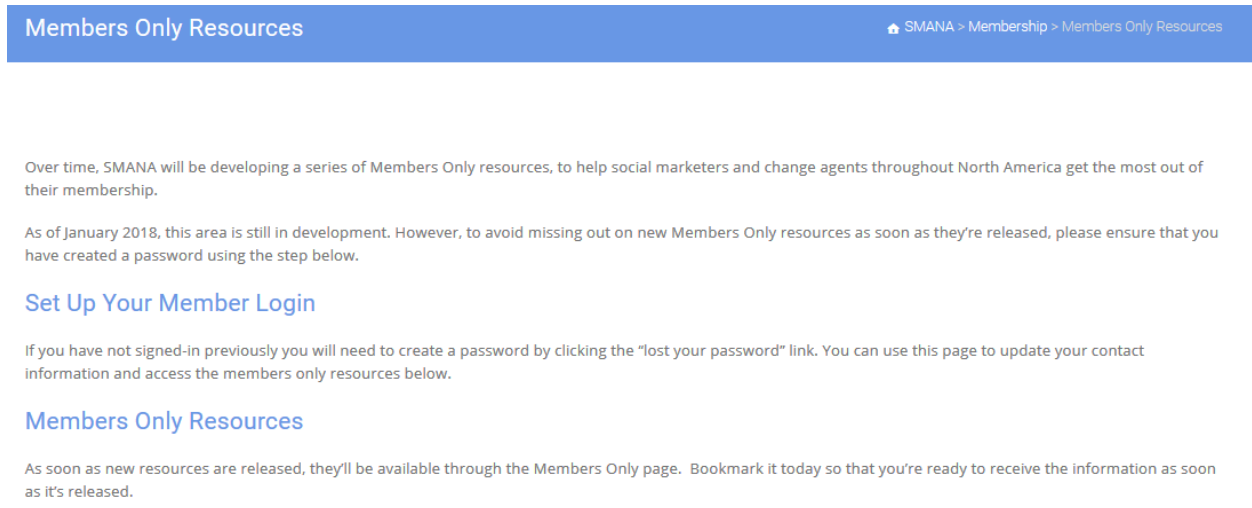


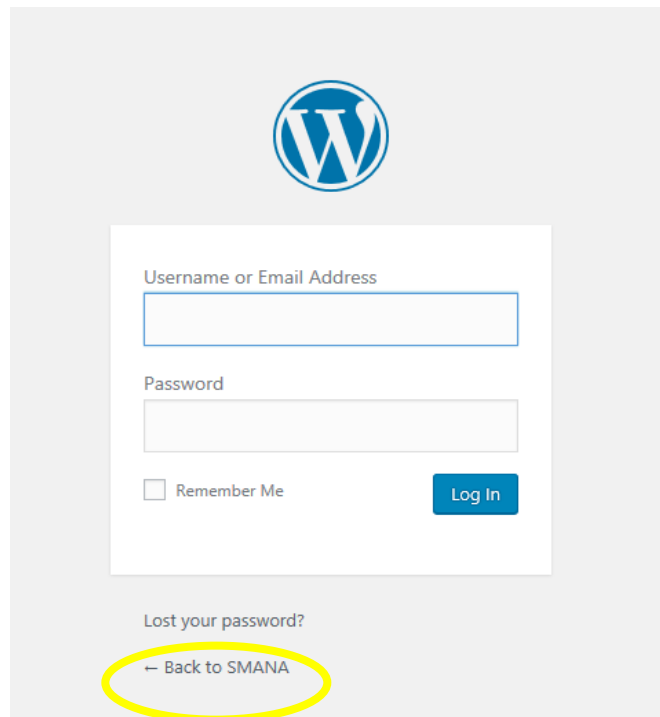
# How-To Make a SMANA Account To Update Info and Receive Member-Only Benefits

1. Go to <https://smana.org/membership/members-resources/>

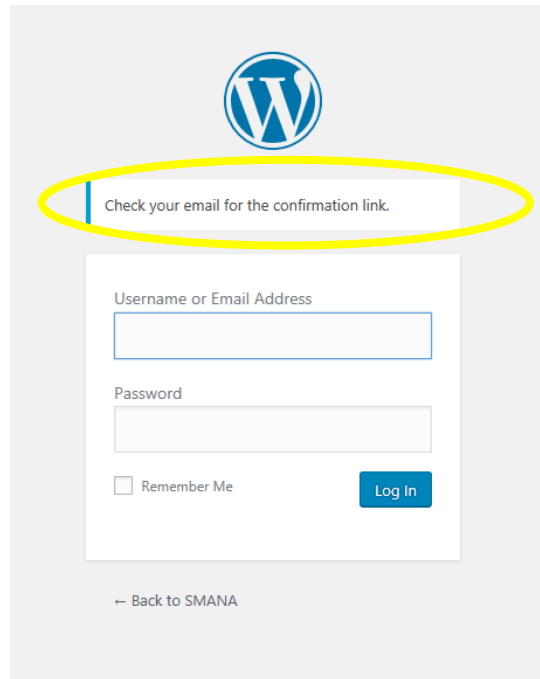


The screenshot shows the 'Members Only Resources' page on the SMANA website. At the top, there is a blue header with the text 'Members Only Resources' on the left and a breadcrumb trail 'SMANA > Membership > Members Only Resources' on the right. Below the header, there is a paragraph of introductory text, followed by a sub-section titled 'Set Up Your Member Login' with a brief explanation. Another sub-section titled 'Members Only Resources' follows, also with a brief explanation. The page content is primarily text-based with blue links and headings.

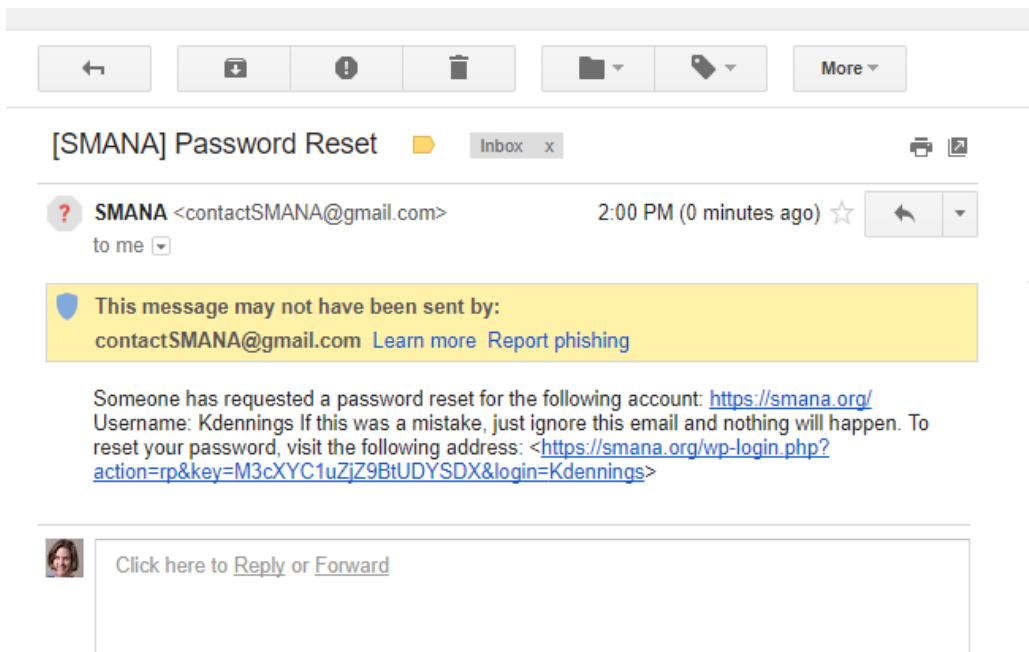
2. Since this will be your first time logging into your account, you need to generate a new random password that you can later change to something you will remember. Click the “Lost your password” link to generate a password. Type in your email address that is tied to your SMANA account.




3. A prompt will appear that says “Check your email for the confirmation link”.



4. Go to the email account associated with your SMANA membership and check to see if you received a password reset email. Make sure to check your spam folder too. It will look like the picture below.



5. When you receive the password reset email, click on the link provided. It will take you to a page where you can enter a new password, as in the example below. Once you have reset your password you can continue with the membership renewal process.



Enter your new password below.

New password

Strong

Hint: The password should be at least twelve characters long. To make it stronger, use upper and lower case letters, numbers, and symbols like ! " ? \$ % ^ & ).

[Reset Password](#)

[Log in](#)

[← Back to SMANA](#)